

Lentil Loaf



Ingredients

4 cups	cooked lentils
1 cup	pecans, chopped
1 ½ cup	unsweetened original flavored almond milk
½ cup	canola oil
1 tsp.	sage
2 cups	crushed saltine crackers
1 cup	Grape Nuts cereal
1 medium	onion, finely minced or pureed



Directions

In a large mixing bowl, combine all ingredients and mix well. Pour into a 9x13 baking dish that has been sprayed with nonstick cooking spray. Bake at 375 degrees for 1 hour. Top should be golden and crispy. Serve hot!

Yields: 12 (½ cup servings)

***For variety try substituting different nuts, such as walnuts, or almonds. This is also wonderful in sandwiches cold!*